

LAURA E. STAJDUHAR, RN, CLCP, CRRN, CCM, CDMS

OSC Vocational Systems, Inc.

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EDUCATION:

Master of Science in Nursing-Family Nurse Practitioner Concentration	
Indiana State University	Anticipated Graduation May 2022
Life Care Planning Certificate, University of Florida	2015
Bachelor of Science in Nursing, Western Governors University	2014
Associate Degree in Nursing, Tacoma Community College	2011
Bachelor of Arts, Western Washington University	2002

CERTIFICATIONS, LICENSURE, and PROVIDER INFORMATION:

Washington State Department of Health Unrestricted Registered Nurse License	License #: RN60219423	2011 (Current)
International Commission on Health Care Certification Certified Life Care Planner (CLCP)	Certification #: 1303	2015 (Current)
State of Washington Department of Labor and Industries Vocational Rehabilitation Counselor Nurse Case Manager	Provider #: 381517 Provider #: 34717	2015 (Current) 2015 (Current)
Association of Rehabilitation Nurses Certified Rehabilitation Registered Nurse (CRRN)	Certification #: 00285131	2016 (Current)
Commission for Case Manager Certification Certified Case Manager (CCM)	Certification #: 4229976	2017 (Current)
Commission for Case Manager Certification Certified Disability Management Specialist (CDMS)	Certification #: 4231570	2017 (Current)

PROFESSIONAL AFFILIATIONS/ROLES:

Sigma Theta Tau International Honor Society of Nursing 2021-Present
American Association of Nurse Practitioners 2021-Present
International Association of Rehabilitation Professionals 2015-Present
Journal of Nurse Life Care Planners: Journal Committee Chair 2017-2018

PROFESSIONAL EXPERIENCE:

Registered Nurse/Case Manager/ Life Care Planner/Vocational Rehabilitation Counselor:
OSC Vocational Systems, Inc. ***October 2015-Present***

Coordinate life care plans and provide vocational assessments for individuals suffering from catastrophic injury, chronic disease, or disability. Review and provide recommendations of opposing life care plans, complete medical bill reviews, medical record summaries, and provide future cost projections of treatment. Provide assessments and recommendations for psychosocial, medical, vocational, avocational, and independent living needs with regard to human dignity and safety while promoting independence.

PROFESSIONAL EXPERIENCE continued:

***Registered Nurse, Critical Care Center
Providence Centralia Hospital Centralia, WA***

March 2019-Present

Provide full nursing care for 1-3 (depending on acuity) patients in the acute care setting. Most of which have multiple disease processes and conditions requiring management of many therapies, including (but not limited to): full ventilator support, procedural sedation, pain management, wound care, vasoactive drips, chest tubes, drainage systems, invasive hemodynamic monitoring, rehabilitation interventions and managing multiple communicable diseases. Collaborate with providers, case managers, social workers, nursing assistants, RT, PT, OT, SLP, nutritionists, and wound care therapists to direct full patient care in both acute and critical care settings.

***Nurse Case Manager, Inpatient Rehabilitation
Providence St. Peter Hospital, Olympia, WA***

October 2015-October 2017

In collaboration with the Director of Physical Medication and Rehabilitation works as a catalyst to promote coordination and continuity of care, achievement of consistent and/or expected clinical outcomes, patient advocacy, and efficient resource management. Coordinate the care for rehabilitation patients throughout their stay to include facilitating, coordinating, and communicating between all members of the healthcare delivery team, relevant parties, and outpatient resources as needed to meet the specific psychosocial, medical, and independent living needs of the patients.

***Special Weapons and Tactics (SWAT) Registered Nurse
CHI Franciscan St. Anthony Hospital, Gig Harbor, WA***

May 2015-October 2015

Provided continuity of patient care as a liaison on all nursing and procedural areas to include assisting the more novice clinician. Performed outpatient/inpatient procedural sedation in diagnostic imaging and all inpatient units as needed. Assessed and placed peripherally inserted central catheters (PICC) and midlines as well as performed bed control to determine appropriate patient placement in specified acuity locations to include direct admit, post-operative, rehabilitative and emergency patients.

MultiCare Good Samaritan Hospital Puyallup, WA

August 2011-May 2015

Clinical Supervisor: May 2014-May 2015

Supervised and coordinated the activities of nursing and support staff within three nursing departments (STAT RN Team, PICC Team, Float Pool /Patient Transport and Care Assistants) with 72 direct reports, on a 24 hour basis to include hiring, best practice guidance and clinical direction, coaching and discipline to include on-the-job injury investigations, recommending preventative measures to prevent future injury and accommodating assigned duties to sustain and promote future employment within the organization. Provide leadership in the implementation and integration of human and material resources necessary to provide quality and efficient patient care for defined populations. patient care.

Charge Nurse Critical Care Center: May 2013-May 2014

Supervise daily nursing activities to include resolving customer experience complaints, responding to physician and other discipline inquiries, coordinating staff assignments based on acuity and nurse competencies, collaborating with multiple disciplines to provide high quality care for all patients on the unit, and leading morning huddles to include best practices, acquisition of goals, daily updates and future care recommendations for patients with complex needs to include psychosocial, ethical, and vocational needs. Additional duties include planning and implementing staffing ratios for the appropriate census based on acuity and need all with a focus on fiscal responsibility.

PROFESSIONAL EXPERIENCE continued:

Registered Nurse, Critical Care Center: August 2011-May 2014

Provide full nursing care for 1-3 (depending on acuity) patients in the acute care setting. Most of which have multiple disease processes and conditions requiring management of many therapies, including (but not limited to): full ventilator support, procedural sedation, pain management, wound care, vasoactive drips, chest tubes, drainage systems, invasive hemodynamic monitoring, rehabilitation interventions and managing multiple communicable diseases. Collaborate with providers, case managers, social workers, nursing assistants, RT, PT, OT, SLP, nutritionists, and wound care therapists to direct full patient care in both acute and critical care settings.

***Nurse Technician, Ambulatory Surgery and Procedural Unit:
MultiCare Mary Bridge Children's Hospital Tacoma, WA***

October 2010-August 2011

Provide direct patient care that encompassed current health practices and concepts under the supervision and direction of a Registered Nurse. This included admitting multiple children and their families to the various surgery centers while coordinating family centered care to ensure open lines of communication.

***On-Call Staffing Coordinator
Medical Staffing Network***

March 2008-June 2010

Coordinated staffing needs for per-diem, on-call, and travel allied health professional positions within local area hospitals under contract.

***Claims Adjuster
Progressive Insurance, Silverdale, WA***

February 2004-March 2008

Mitigate personal injury and property damage claims resulting from automobile accidents to include liability determination, policy interpretation, and adjustment of benefits accordingly with a focus on high quality service and efficient resource management. Assess and assign value to the impact of injury on personal and vocational roles and responsibilities. Coordinated with network repair facilities, their general managers, and estimators to oversee the repair process of vehicles in accordance with the insurance company standards.

ARTICLES/PUBLICATIONS:

Stajduhar, L. (Contributing Author) Cary, J. et al. (2021). Vocational, Economic and Life Care Planning in the Era of COVID-19. *Journal of Life Care Planning*, 19, (1), 3-17.

Stajduhar, L., Cary, J., Choppa, N., & Gamez, J. (2019) Performing a review of past medical bills to determine the reasonableness of costs, *Journal of Life Care Planning*, 17 (2), pp.51-55.

Gamez, J., Johnson, C., & **Stajduhar, L.** (2017). A comparison of life care planning professionals' standards of practice. *Journal of Life Care Planning*, 15 (3), 37-44.

Cary, J., Choppa, N., Gamez, J., **Stajduhar, L.**, Roberts, N. (2017, September), Utilizing vocational experts in small/medium personal injury cases. *Trial New*, pp. 4-5.

Johnson, C., **Stajduhar, L.**, & Choppa, N. (2016, October). Life care planning: The ACA, collateral source and standard methodology-a discussion with the experts. *Trial News*, pp. 20-22.